

**Iowa Division of Labor
Athletic Commission**
150 Des Moines Street
Des Moines, IA 50309-1836
Phone: 515-745-2632 | Fax: 515-281-7995
athletics.iowa.gov | athletics@iwd.iowa.gov

Official Weigh-In Form

Date	Event Name
Time	Weigh-In Location
IAC Official Performing Weigh-In	

Weight Class	Red Corner Fighter	Weight	Blue Corner Fighter	Weight	Notes
Bout: 1 LBS					
Bout: 2 LBS					
Bout: 3 LBS					
Bout: 4 LBS					
Bout: 5 LBS					
Bout: 6 LBS					
Bout: 7 LBS					
Bout: 8 LBS					
Bout: 9 LBS					
Bout: 10 LBS					
Bout: 11 LBS					
Bout: 12 LBS					

I certify that the fighters on this form were weighed in with an accurate scale on the date listed above. The weight listed in the "weight" column on this page is a true and accurate reflection of the exact weight of all fighters on the date listed above. All fighters had an opportunity to observe their opponent weigh-in and all fighters were weighed in on the same date. Any exceptions to this procedure on noted above or explained on an attached page. A copy of the Iowa MMA Rules were offered to each fighter at the time of weigh-in.

Signature of the IAC official performing weigh-ins Date Time completed